

# 2025 colour guide

**TRANSFORM  
YOUR HOME  
WITH THE  
LATEST  
TRENDING  
SHADES!**

style *your*  
sanctuary

# About us and this colour guide

Hello there,

We are Style Your Sanctuary and aim to help you unleash your colour potential in your home. Our ideas blog is full of ways to introduce colour, have fun, and find what's personal to you. In this guide, we hope to do the same, sharing popular colours and colours to go with them, to inspire your next project.

## Why is colour important?

Colour is an emotional tool in your DIY kit. It can make us feel happy, glum, joyful and inspired. Colour plays a huge psychological role in our lives whether we know it or not. Here are a few quick ways that colour plays a part in our mood:

- Green is easy on the eye and is a balancing colour for us
- Red makes our heart beat faster and can make us feel more alert
- Blue is calming and can bring us joy. However, some blue colours have hints of grey, which can make us feel less joyful
- Yellow is a joyous colour (it can make some people feel uneasy) as it reminds us of the sun
- Pink is a romantic colour, but can be psychologically negative for men.

## How to use this guide

On the next pages, you will find colour ideas for each colour group. You can click on each colour to find out more.

We have added accent colours, which go well with the main colour, either side-by-side or as a subtle incorporation into your scheme (through decor).

Tonal colours are shades that are similar to the main colour and can be used on trims, doors, and ceilings to create depth against the main colour.

We hope you enjoy this guide!

Stay stylish,

**style** your  
**sanctuary**

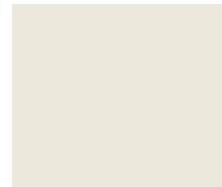
# Warm Neutrals

CREATE A SERENE SPACE WITH THESE NEUTRALS

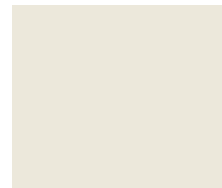


**Dulux**  
**Almond**  
**White**

- ✓ Great for north facing rooms
- ✓ Adds warmth and is a cozy cream
- ✓ Goes well with brown tones



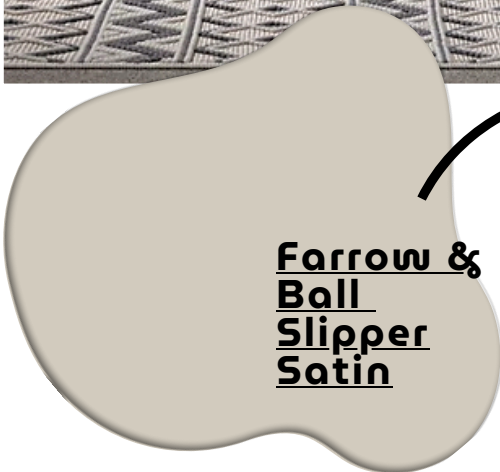
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tonal

Dulux Spiced Honey

Dulux County Cream

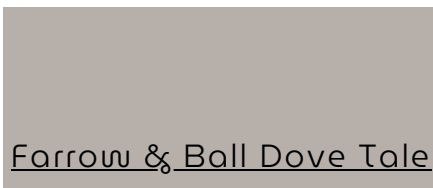
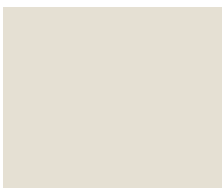


**Farrow & Ball**  
**Slipper**  
**Satin**

- ✓ Great for rooms with natural daylight
- ✓ Pair with a warm grey like Dove Tale
- ✓ Brighten with pastel pink for a muted scheme

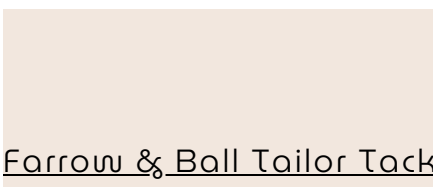
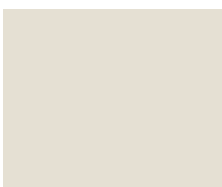


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Farrow & Ball Dove Tale

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Farrow & Ball Tailor Tack

# Earthy Greens

TRANSFORM YOUR SPACE INTO  
TRANQUILITY



**Dulux**  
**Pale Olive**

- ✓ Great for north facing rooms
- ✓ Fresh colour for living room, kitchen and bathroom
- ✓ Pair with dark furnishings for a timeless look



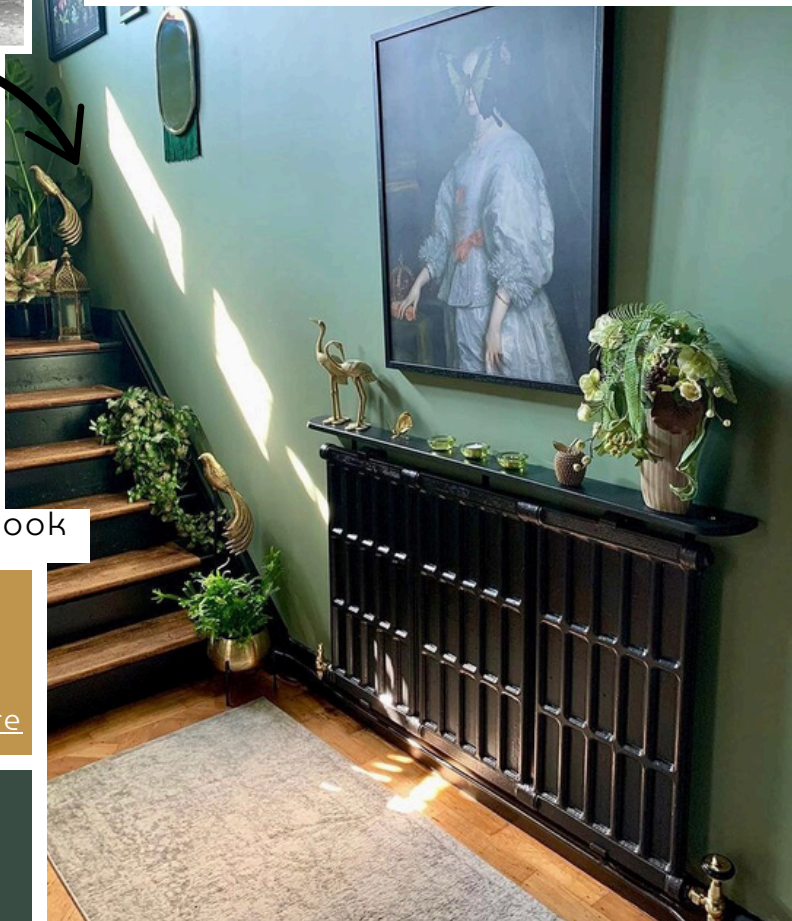
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**Craig & Rose**  
**Deep Adam Green**

- ✓ Best for rooms with natural daylight
- ✓ Keep it moody with dark accents
- ✓ Combine with rich colours for a glam look



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Craig & Rose French Ochre

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Craig & Rose Otilie



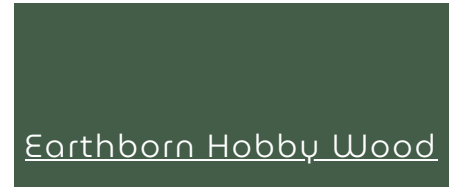
# Rich Blues

DON'T FEEL BLUE ABOUT PICKING THE WRONG COLOUR, THESE WILL ELEVATE YOUR ROOM



Dulux  
Deep  
Ultramarine

- ✓ Great for north facing rooms
- ✓ An uplifting colour inspired by the ocean
- ✓ Keep it cozy with warm accent colours like red/brown



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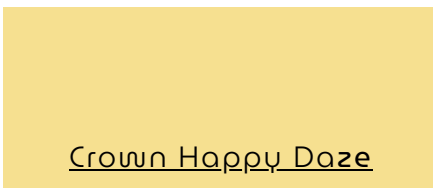


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Farrow & Ball  
Vardo

- ✓ Great for dim lit rooms
- ✓ Perfect for an accent wall or panelling
- ✓ Keep it fresh with white and grey

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Crown Happy Daze

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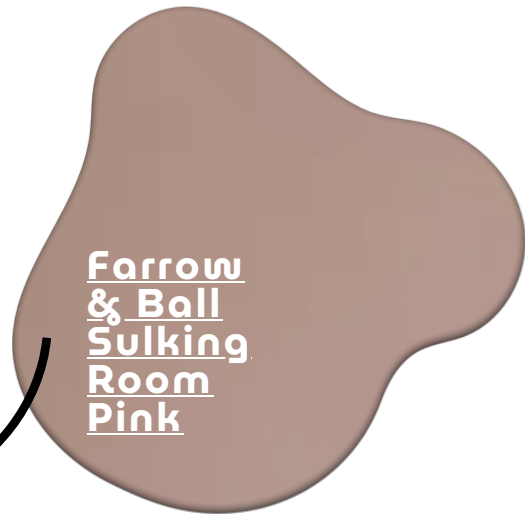
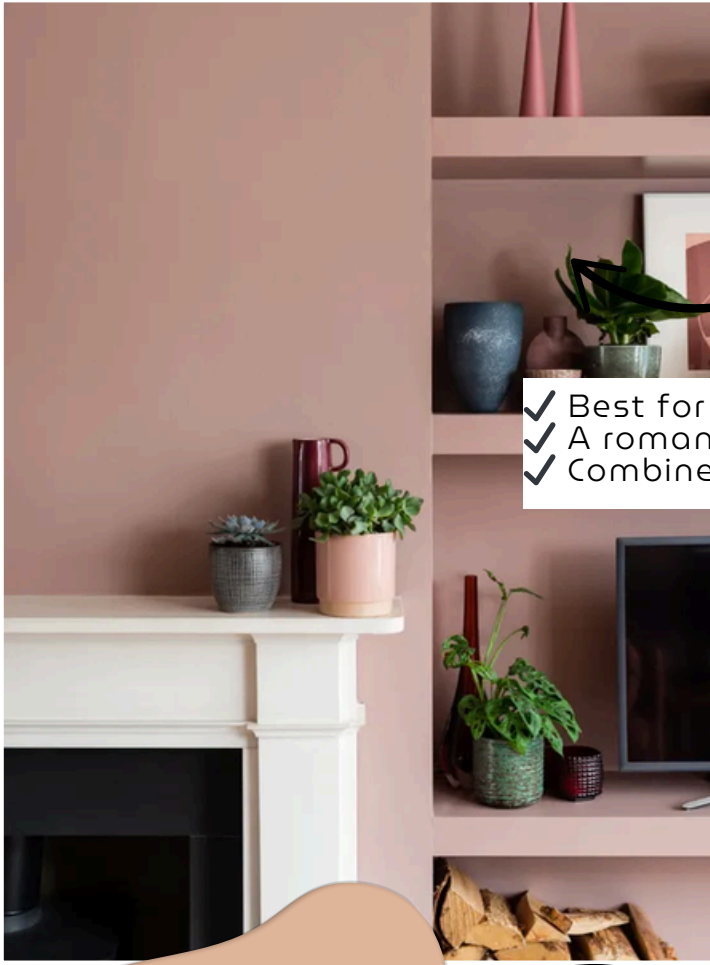


Dulux Copenhagen Blue

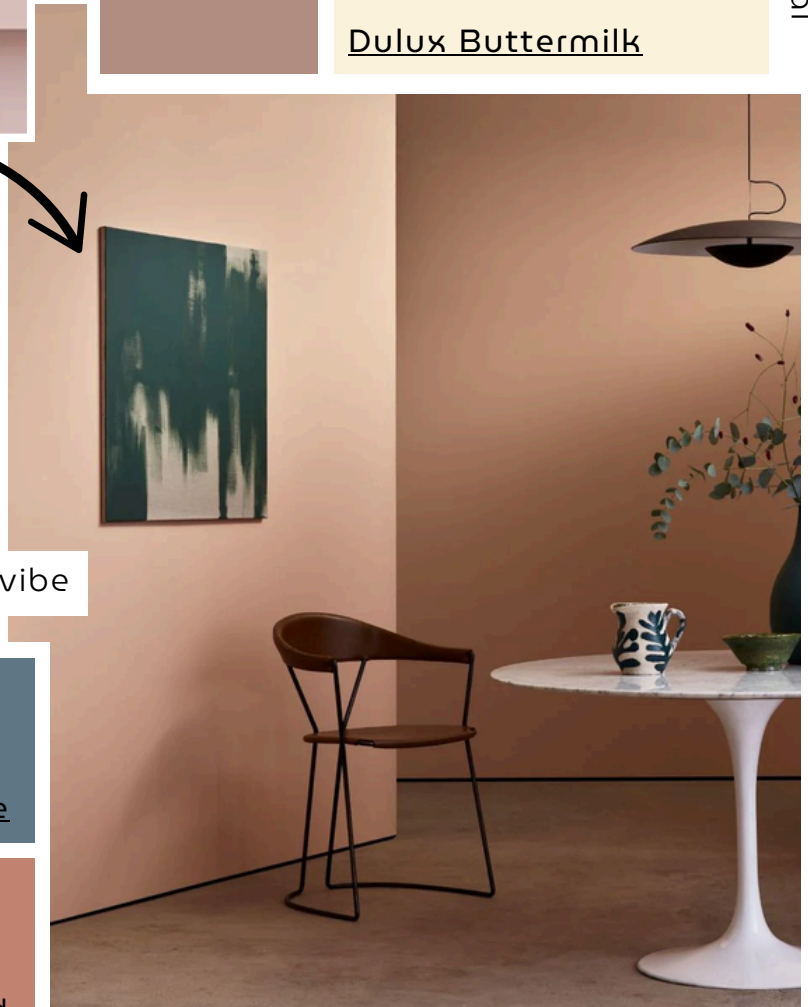
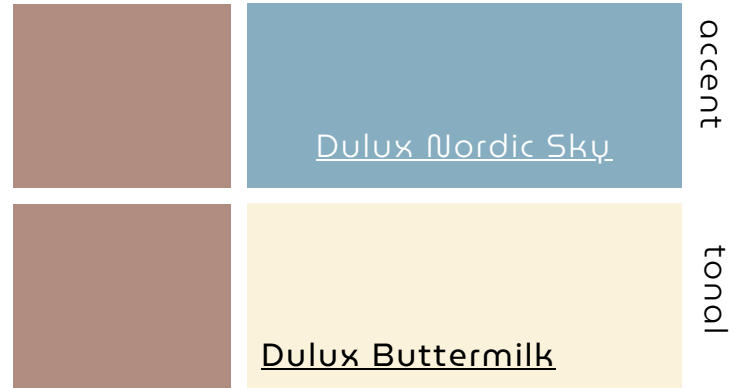


# Sunset Shades

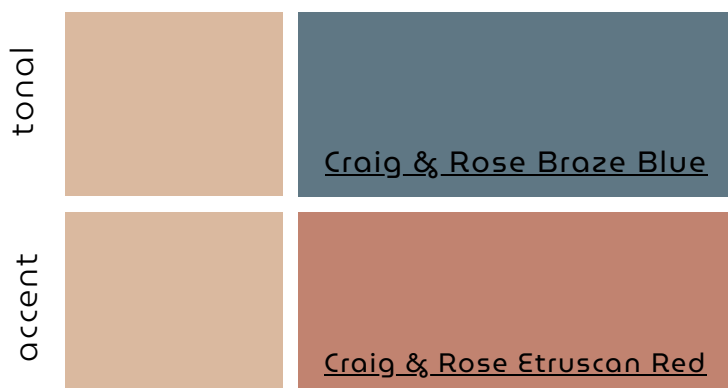
THESE COLOURS ARE INSPIRED BY THE SUNSET FOR A GLOWING ROOM THAT IS RELAXING AND COZY



- ✓ Best for rooms with natural daylight
- ✓ A romantic, muted pink
- ✓ Combine with earthy colours for a nature feel



- ✓ Great for dim lit rooms
- ✓ Blend of peach and cream for a cozy vibe
- ✓ Combine with oak, cream and blue



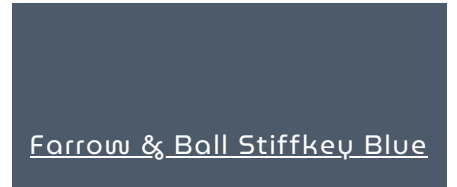
# Gorgeous Greys

THESE COLOURS ARE INSPIRED BY THE  
SUNSET FOR A GLOWING ROOM THAT IS  
RELAXING AND COZY



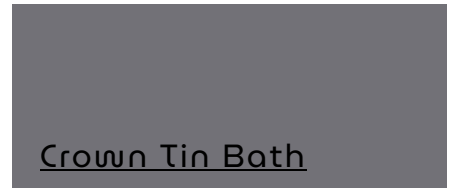
Farrow & Ball  
Lamp Room Grey

- ✓ Best for rooms with natural daylight
- ✓ Intense in small rooms, brighter in bigger rooms
- ✓ Warm mid-grey, great with bold colours



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Farrow & Ball  
Stiffkey Blue

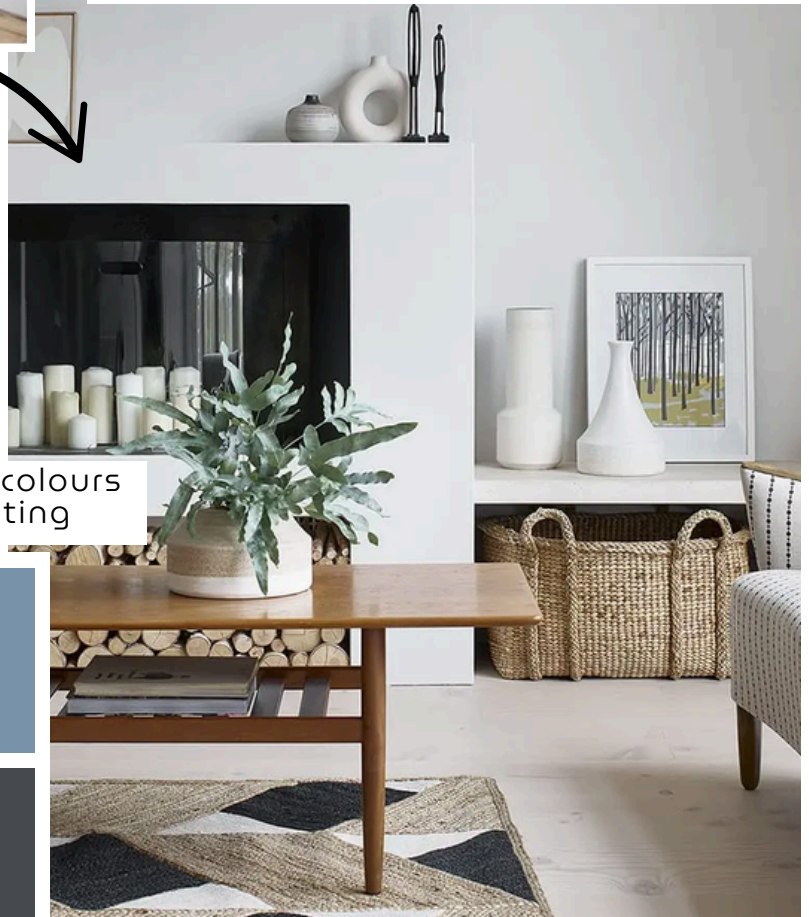


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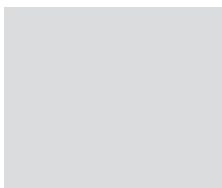
Crown Tin Bath

Dulux Heritage  
Lead White

- ✓ Super light grey
- ✓ Contrast with white and dark accent colours
- ✓ Perfect for a neutral home in any lighting

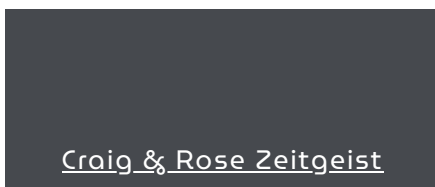
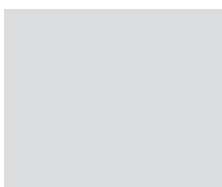


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Dulux  
Boathouse Blue

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Craig & Rose  
Zeitgeist

**Thank you!**  
**We hope you  
enjoyed this  
guide**

Follow us on social media to get more ideas

